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## Chesterfield women featured in upcoming book

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BY PRESS RELEASE ON SEPTEMBER 24, 2019

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Lauren Mosher and Amanda Creasey

Two Chesterfield women are being published in “Chicken Soup for the Soul: Think Positive, Live Happy.”

In the book, Amanda Creasey – who is a Chester resident, an English teacher at Colonial Heights High School and a freelance writer for the Village News – shares how she gets up at 4:45 a.m. and enjoys nature, sunrises, bonding with her two dogs and reading her Bible over breakfast.

She is a member of the James River Writers, Poetry Society of Virginia and Virginia Outdoor Writers Association.

Lauren Mosher is a self-described escapee of the corporate world and enjoys a career with a dog-walking company. She is devoted to her volunteer work with animal rescue nonprofits and human welfare organizations. Mosher – who rescued a beagle – believes that living life in service to others is paramount.

Creasey and Mosher will be hosting a book sale and sign event to celebrate the launch of the book. For every book purchased, \$10 will go to the Richmond Animal League, a nonprofit, no-kill animal shelter.

The event will be from 1 to 3 p.m. Sunday, Sept. 29, at Café Zeta, 700 Bainbridge St., located north of Hull Street Road and south of the James River in Richmond.

“Chicken Soup for the Soul: Think Positive, Live Happy” features 101 personal, revealing stories on how to use positive thinking in all aspects of life, from the everyday to the extraordinary.

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